

Term One Programme

Term runs from 13 February to 6 April 2012 - Allan Brewster Recreation Centre

ACTIVITY	DESCRIPTION	DAY	TIME	AGE	COST
Out of School Care (OSCAR)	Book your child into our CYF approved and OSCAR registered out of school care. We'll even collect your child from selected schools. Activities include sports and crafts. WINZ subsidies may apply.	Mon-Fri	7-9am, 3-6pm	5-13 yrs	\$78.50 per wk (subsidy may apply)
Discovery Squash	Join the circuit in this high energy game for fitness. Beginner, intermediate and advanced skill levels welcome.	Wed	5-6pm	All ages	\$60 per term
Table Tennis	Keep active and meet new friends in a social game of table tennis.	Fri	1-3pm	All ages	\$3 per person
Never2Old Fitness	You are never too old to begin getting fit and staying active. Join a class for some social fun.	Mon Wed, Fri	10.30-11.30am 1-2pm	60+ yrs	\$4 per person
Walking Group	Enjoy the outdoors and meet new people in our walking group.	Tue - Thu	9.30-10.30am	All ages	\$3 per person
Indoor Netball Mixed and Women's Competition	Players can compete at a semi-competitive level in a mixed or women's competition.	Tue	6-9pm	16+ yrs	\$50 tm reg + \$49 tm/game
Indoor Soccer	Come and test your skills with this fast-paced competition.	Fri	6-9pm	16+ yrs	\$105 tm reg + \$3 pp/gm
Kiwee Netball	This netball programme will improve your game confidence. Learn new skills and do drills with experienced netball tutors.	Tue	4-5pm	7-10 yrs	\$40 per term
Kiwee Basketball	This basketball programme will improve your game confidence. Learn new skills and do drills with experienced basketball tutors.	Mon	4-5pm	5-7 yrs	\$55 per term
Kiwee Tots Gymnastics	Enhance your child's physical and social development with this fun introduction to gymnastics. Parental involvement required.	Thu	9.30-10.15am	2-5 yrs	\$55 per term
Group Fitness Classes	Get in shape with a range of classes such as Fight Do, Top Ride and Zumba. Group fitness timetable is available online at www.manukauleisure.co.nz .			13+ yrs	\$8 per class
Box Fit	Incorporates boxing, kick boxing, free weights and cardio for a moderate to high intensity workout.	Tue Thu Fri	6-7pm (mixed) 9.30-10.30am (women) 6-7pm (mixed)	13+ yrs	\$5 per class



We welcome all participants regardless of ability or disability.